



2024
2023
2022

TEAM PLACEMENT INFORMATION PACKET

ELITE TEAMS

PREP TEAMS

NOVICE TEAMS

REC PROGRAMS

389 OYSTER POINT BLVD, SUITE 8F, SOUTH SAN FRANCISCO, CA 94080



WELCOME TO REBELS ELITE SF

We're excited to have you become a part of our Rebel family! Here at Rebels Elite SF, we focus on more than just "cheerleading". Our staff believes in educating each athlete with leadership skills, sportsmanship, teamwork, finding that competitive drive, and most importantly, creating lasting memories and success stories.

OUR FOCUS IS TO:

BUILD THE ATHLETE, MENTOR THE ATHLETE, COACH THE ATHLETE

REBELS FACILITY

- ★ **6100 SQ. FT GYM SPACE**
- ★ **12 PANEL SPRING FLOOR**
- ★ **40 FT LONG TUMBLE TRACK**
- ★ **STRENGTH TRAINING AREA**
- ★ **PROSHOP**
- ★ **PARENT VIEWING AREA**
- ★ **STUDENT/ATHLETE WIFI**

OUR STAFF

- ★ **USASF CREDENTIALLED & SAFESPORT CERTIFIED**
- ★ **NATIONALLY CREDENTIALLED BACKGROUND CHECK**
- ★ **FORMER & CURRENT ATHLETES WHO'VE WON NATIONAL CHAMPIONSHIPS, WERE SUMMIT FINALIST, AND WORLD CHAMIONSHIP FINALIST**



WELCOME TO REBELS ELITE SF

Our information packet will give you an overview about our Elite, Prep, Novice, and FUNdamentals Recreational programs. This will also list out the expectations for athletes and families. At Rebels Elite SF, we are excited to build lifelong friendships, create amazing memories, and be a positive impact for you and your athlete.

EVALUATIONS

Our evaluation process is not stressful or complicated. Evaluations are open to anyone interested in joining Rebels Elite SF. We welcome athletes of all skill levels, from those with no experience to very high-level cheerleaders. You will have an opportunity to demonstrate your skills to the our staff and then be placed accordingly on the team that best suits your proficient skill level and ability. Athletes are placed on teams by the following (in order):

1. USASF AGE

We want to ensure our athletes are placed on an age appropriate team. This also includes the athlete's maturity.

USASF age buckets will be on the next page.

2. SKILL SET

Each level has required skill that need to be proficiently executed in a routine by a large percentage of the team.

**Elite - Advanced & Elite skills
Prep - No required skills, just coachable athlete**

3. TEAM NEED

This is up to the gym's discretion on if any athlete is needed on a specific team to execute a specific spot in the routine to keep the team competitive and successful.

Teams are selected so that each have the best possible chance of a highly successful competitive season.



USASF AGE BREAKDOWN

Athlete eligibility will be based on their birth year. Below is a breakdown of the age brackets for the 2023-2024 season.

BIRTH YEAR	APPROX. AGE	DIVISION
2016 - 2020	4 - 7 YEARS OLD	TINY NOVICE
2016 - 2018	6 - 7 YEARS OLD	TINY PREP/ELITE
2014 - 2017	7 - 9 YEARS OLD	MINI PREP/ELITE
2011 - 2016	8 - 12 YEARS OLD	YOUTH PREP
2011 - 2016	8 - 12 YEARS OLD	YOUTH ELITE
2008 - 2015	9 - 15 YEARS OLD	JUNIOR PREP
2008 - 2015	9 - 15 YEARS OLD	JUNIOR ELITE
6/1/04 - 2012	12-19 YEARS OLD	SENIOR PREP
6/1/04 - 2011	13-19 YEARS OLD	SENIOR ELITE

****approx age/division may change before final team placements
on September 8, 2023***

MINT, BLACK, AND WHITE

BUILDING CHAMPIONS TO BE GREAT



PREP TEAMS

LIMITED TRAVEL LOCAL COMPS

Being a committed athlete is one of Rebels Elite SF's core values. Our All Star Prep Program allows new and returning athletes to experience a fun but also competitive side of cheerleading. Being a part of our prep program will require commitment & dedication to learn and grow while also focusing on having fun while meeting new friends and becoming the best version of you!

FINANCIAL BREAKDOWN

NEW ATHLETE: \$3615

\$1485	FULL YEAR TUITION (\$135 MONTHLY)
\$350	REGISTRATION
\$140	UNIFORM
\$725	MCC
\$200	ATHLETE PACK
\$415	COMPETITION FEES
\$300	COACHES FEES

RETURNING ATHLETE: \$3475

\$1485	FULL YEAR TUITION (\$135 MONTHLY)
\$350	REGISTRATION
\$725	MCC
\$200	ATHLETE PACK
\$415	COMPETITION FEES
\$300	COACHES FEES

Registration (\$350) will cover Rebels Elite SF membership fees and insurance and is due on May 22 - May 25, 2023.

Monthly tuition (\$135) will include three (3) hours of practice each week. This will be due at the 1st of the month (June - April).

The remaining fees will be split into six (6) monthly installments. These installments will be due on the 15th of each month (June - Nov).

NEW ATHLETES: \$296.66 monthly installment

RETURNERS: \$273.33 monthly installment



ELITE TEAMS

Being a committed athlete is one of Rebels Elite SF's core values. Our All Star Elite Program allows new and returning athletes to experience a fun but also competitive side of cheerleading. Being a part of our elite program will require commitment & dedication to learn and grow while also focusing on having fun while meeting new friends and becoming the best version of you!

FINANCIAL BREAKDOWN

NEW ATHLETE: \$6580

\$2585	FULL YEAR TUITION (\$235 MONTHLY)
\$350	REGISTRATION
\$395	UNIFORM
\$1200	MCC
\$350	ATHLETE PACK
\$1000	COMPETITION FEES
\$700	COACHES FEES

RETURNING ATHLETE: \$6185

\$2585	FULL YEAR TUITION (\$235 MONTHLY)
\$350	REGISTRATION
\$1200	MCC
\$350	ATHLETE PACK
\$1000	COMPETITION FEES
\$700	COACHES FEES

Registration (\$350) will cover Rebels Elite SF membership fees and insurance and is due on May 22 - May 25, 2023.

Monthly tuition (\$235) will include four (4) hours of practice and one (1) hour of tumbling each week. This will be due at the 1st of the month (June - April).

The remaining fees will be split into eight (8) monthly installments. These installments will be due on the 15th of each month (June - Jan).

NEW ATHLETES: \$455.63 monthly installment

RETURNERS: \$406.25 monthly installment



FUNDAMENTALS PROGRAM

Our FUNdamentals program was created to introduce the world of cheerleading in a fun and non-competitive way without the year-long team commitment. Our program runs for 8 weeks each session and will end with a Friends & Family Showcase where our shining star athletes can show off everything they've learned!

Classes will run on Wednesdays (60 mins) and Fridays (45 mins) unless gym is closed. We'll provide those planned dates at the start of each session.

CLASS STRUCTURE

Wednesdays - Cheer 101

*** Jumps, Dance, Stunt, Body Awareness**

Fridays - Tumbling

*** Rolls, Cartwheels, Handstands, Bridges**

FINANCIAL BREAKDOWN

\$75 Registration Fee

\$475 Session Fee

**** After you've completed 1 full session, you'll receive a discounted rate for Sessions 2-4.**

\$40 Registration Fee

\$446 Session Fee

SESSIONS

Session #1

June 14 - August 11

Showcase: August 12

Session #2

August 30 - October 27

Showcase: October 28

Session #3

Nov 8 - January 26

Showcase: January 27

Session #4

February 21 - April 19

Showcase: April 20



FINANCIAL BREAKDOWN

REGISTRATION

THIS WILL COVER REBELS ELITE SF MEMBERSHIP FEES AND GYM INSURANCE.

UNIFORM

THIS WILL COVER THEIR UNIFORM TOP AND SKIRT.

ATHLETE PACK

PREP - THIS WILL COVER THEIR T-SHIRTS (2), BOW, SCRUNCHY, AND JACKET.

ELITE - ALL OF THE ABOVE, TRAVEL T-SHIRT, AND JERSEY

***NOT INCLUDED: NFINITY PRACTICE GEAR & NFINITY SHOES**

****PREP ATHLETES ARE NOT REQUIRED TO PURCHASE NFINITY PRACTICE WEAR AND SHOES**

MCC

PREP - THIS WILL COVER MUSIC, CHOREOGRAPHY, AND 2 IN-HOUSE CAMPS

ELITE - THIS WILL COVER MUSIC, CHOREOGRAPHY, AND 3 TUMBLE CAMPS + 2 STUNT CAMPS

COMPETITION FEES

THIS WILL COVER YOUR ATHLETE'S REGISTRATION FEES FOR EACH COMPETITION.

COACHES FEES

THIS WILL COVER ALL TRAVEL FEES, HOTELS, AND COMP DAY PAY FOR COACHES FROM AUGUST THROUGH APRIL.



#RWAI4TB

#RE4L



RULES & REGULATIONS

389 OYSTER POINT BLVD, SUITE 8F, SOUTH SAN FRANCISCO, CA 94080



GENERAL RULES

- ★ **ONLY REGISTERED ATHLETES ARE ALLOWED IN THE PRACTICE AREA**
- ★ **SIBLINGS, FAMILY MEMBERS, AND FRIENDS ARE NOT ALLOWED IN THE PRACTICE AREA DURING ANY REBELS ELITE SF CLASS OR PRACTICE TIME**
- ★ **WHILE REBELS ELITE SF HAS AN “OPEN VIEWING” POLICY, WE KINDLY ASK NON-REGISTERED ATHLETES, FAMILY MEMBERS, SIBLINGS, AND FRIENDS REMAIN IN THE DESIGNATED AREA AND KEEP THE NOISE LEVEL DOWN AT ALL TIMES**
- ★ **ANY PERSON THAT DISRUPTS A PRACTICE OR CLASS WILL BE ASKED TO LEAVE THE GYM**
- ★ **NO FOOD, DRINKS, OR GUM ARE PERMITTED IN THE PRACTICE AREA. ANY TEAM TREATS THAT ARE BROUGHT INTO THE GYM NEED TO:**
 - 1) BE APPROVED BY STAFF**
 - 2) BE SET UP AND CLEANED UP BY PARENTS**
 - 3) NOT BE CONSUMED ON THE CARPETED AREAS**
- ★ **ALL TRASH MUST BE DISPOSED IN THE APPROPRIATE RECEPTACLES**
- ★ **CELL PHONES MUST BE PUT ON SILENT AND LEFT IN BACKPACK OR WAITING AREA CUBBIES**



GENERAL RULES

- ★ **ALL ATHLETES AND PARENTS/GUARDIANS MUST REGISTER ON THE REBELS ELITE SF WEBSITE TO RECEIVE UPDATES AS WELL AS UTILIZE OUR GROUP MESSENGER APP (BAND) FOR ANY AND ALL UPDATES. WE RELY ON OUR ACCESS TO TECHNOLOGY AND COMMUNICATION TO ENSURE EVERYONE KNOWS WHAT IS GOING ON**
- ★ **ALL FORMS AND INFORMATION NEEDED BY REBELS ELITE SF ATHLETES AND FAMILIES MUST BE DOWNLOADED AND TURNED INTO THE FRONT DESK AS REQUESTED**
- ★ **ANY USE OF THE REBELS ELITE SF NAME AND LOGO MUST BE APPROVED**
- ★ **ALL CHOREOGRAPHY, INCLUDING PROGRAM CHEERS, CHANTS, DANCES, STUNTS, TUMBLING, MUSIC SECTIONS, EDITING, ETC. ARE THE EXCLUSIVE PROPERTY OF REBELS ELITE SF AND SHALL NOT BE SHOWN OR DISCUSSED WITH OTHERS**
- ★ **NO VIDEOS OF ROUTINES/CHOREOGRAPHY SHOULD BE UPLOADED TO ANY ONLINE SITE OR SOCIAL MEDIA PLATFORM**



TEAM PLACEMENT GUIDELINE

REBELS ELITE SF RETAINS THE RIGHT TO:

- ★ **PLACE AN ATHLETE ON THE TEAM(S) IT FEELS WILL BEST SUIT THE ATHLETE AND THE PROGRAM**
- ★ **DECIDE IF AN ATHLETE MAY PARTICIPATE ON MORE THAN ONE TEAM**
- ★ **DECIDE THE ROLES AND/OR POSITIONS AN ATHLETE WILL HAVE ON THEIR TEAM(S) (EX. BASE, FLYER, BACKSPOT, TUMBLER, DANCER, ETC.)**
- ★ **REQUEST THAT AN ATHLETE TAKE ADDITIONAL CLASSES (IN ADDITIONAL TO THE REQUIRED TUMBLING CLASSES) OR CLINICS TO HELP IMPROVE THE ATHLETE'S SKILL AND/OR KNOWLEDGE**
- ★ **REQUEST THAT AN ATHLETE/TEAM PRACTICES LONGER THAN THEIR REGULARLY SCHEDULED TIMES OR ADD ADDITIONAL PRACTICES. WE STRIVE TO ENSURE THAT ALL ATHLETES ARE ATHLETICALLY SOUND AND CAN PERFORM THE SKILLS REQUIRED SAFELY AND IN A HEALTHY MANNER**
- ★ **MOVE, REPLACE, ADD AN ATHLETE FOR A PERIOD OF TIME FROM A TEAM BASED ON (BUT NOT LIMITED TO) ATTENDANCE, CONDUCT, SKILLS, FINANCIAL STATUS, ETC.**

ATHLETES THAT ELECT TO PARTICIPATE ON MORE THAN ONE REBELS ELITE SF TEAM MUST:

- ★ **BE WILLING AND ABLE TO FULFILL ALL THE RESPONSIBILITIES REQUIRED BY EACH TEAM**
- ★ **BE RESPONSIBLE FOR ANY ADDITIONAL TEAM FEES THAT MAY OCCUR BEYOND THEIR FIRST TEAM**



ATTENDANCE GUIDELINES

ALL ATHLETES MUST:

- ★ **PRIORITIZE REBELS ELITE SF AS BEST THEY CAN AMONGST THEIR OTHER ACTIVITIES. WE UNDERSTAND THAT BEING A WELL-BALANCED AND MULTI-TALENTED ATHLETE IS A GREAT CHOICE, WE ALSO WANT TO ENSURE THAT THE ATHLETE IS DEDICATED TO THE SPORT AND THEIR TEAM.**
- ★ **ATTEND AND BE PREPARED TO PARTICIPATE IN ALL REBELS ELITE SF ACTIVITIES (INCLUDING ADDITIONAL ONES ADDED, WITH DUE NOTICE, THROUGHOUT THE SEASON) REGARDLESS OF ILLNESS OR INJURY, UNLESS SPECIFICALLY NOTED BY A DOCTOR THROUGH VALID, WRITTEN DOCUMENTATION.**
- ★ **NOTIFY REBELS ELITE SF IMMEDIATELY IF A SIGNIFICANT INJURY OCCURS, SO THAT THE COACHING STAFF CAN MAKE THE NECESSARY CHANGED TO THE ROUTINE AND CHOREOGRAPHY**
- ★ **ARRIVE AT LEAST 15 MINUTES EARLY TO ALL REBELS ELITE SF PRACTICES AND ACTIVITIES**
- ★ **SCHEDULE ALL VACATIONS SO AS NOT TO INTERFERE WITH REBELS ELITE SF ACTIVITIES**
- ★ **SUBMIT AN ABSENTEE FORM (VIA OUR WEBSITE) TO ALL OF THE TEAM COACHES AS SOON AS THEY BECOME AWARE OF A POSSIBLE SCHEDULE CONFLICT AND WITH A MINIMUM OF TWO WEEK NOTICE**
- ★ **NOTIFY REBELS ELITE SF BY PHONE (TO THEIR HEAD COACH) OF AN UNFORESEEN TARDINESS OR ABSENCE**
- ★ **REBELS ELITE SF ATHLETE MUST FIND A SUBSTITUTE TO FILL IN (IF ON AN ELITE TEAM)**
 - **SUBSTITUTE MUST BE AGE ELIGIBLE FOR THE TEAM AND CAPABLE OF**
 - **PERFORMING THE SKILLS OF THE ATHLETE THEY ARE FILLING IN FOR**
 - **ATHLETE ID REQUIRED TO CONTACT THE SUBSTITUTE PRIOR TO THE NEXT PRACTICE TO REVIEW THE INFORMATION THEY MISSED**



ATTENDANCE GUIDELINES

COACHES WILL MONITOR EACH ATHLETE'S ATTENDANCE AND REPORT CONCERNS TO THE REBELS ELITE SF ADMINISTRATION TO TAKE APPROPRIATE ACTION IF DEEMED NECESSARY. ATHLETES WHO ARE LATE CAUSE THE ENTIRE TEAM TO LOSE VALUABLE PRACTICE TIME

PRACTICE ATTENDANCE POLICY

ALL ABSENCES AFFECT THE TEAM IN THE SAME WAY, REGARDLESS OF THE REASON. TO ACCOMMODATE EVERY FAMILY EQUALLY, REBELS ELITE SF HAS CREATED AN ATTENDANCE DEDUCTION SYSTEM TO BE ADHERED TO BY ALL REBELS ELITE SF ATHLETES. DURING THE SUMMER MONTHS (JUNE 15 - AUGUST 15), WE UNDERSTAND FAMILIES TRAVEL. PLEASE NOTIFY THE GYM & HEAD COACH ASAP. BELOW "FEES" WILL BEGIN AUGUST 21, 2023.

ABSENCE DEDUCTIONS (STARTING AUGUST 21, 2023)

\$100 PER PRACTICE 2 WEEKS PRIOR TO A COMPETITION

\$20 PER ABSENCES WITH AN APPROVED REQUEST FORM

\$40 PER ABSENCES WITHOUT AN APPROVED REQUEST FORM

\$75 PER SUMMIT/PINNACLE/END OF SEASON EVENT ABSENCES

PLEASE NOTE:

SERIOUS ILLNESS, MANDATORY SCHOOL ABSENCES, AND EXTENUATING CIRCUMSTANCES WILL BE TAKEN INTO CONSIDERATION, BUT STILL MAY INCUR ABSENCE FEES. EXCESSIVE ABSENCES MAY RESULT IN AN ATHLETE BEING MOVED TO ANOTHER TEAM OR POTENTIALLY MADE AN ALTERNATE WITHOUT A REFUND. ALL FEES EQUALLY APPLY TO ALL ADDED PRACTICES.



ATTENDANCE GUIDELINES

COMPLIANCE

STRICT ADHERENCE TO THE POLICIES AND DATES PROVIDED ON THIS PAGE IS MANDATORY. ANY DISCRETION MAY RESULT IN ATHLETES BEING REMOVED FROM THE TEAM AND/OR PROGRAM WITHOUT A REFUND OF FEES INCURRED BEGINNING AUGUST 21, 2023.

ATTENDANCE IS OF THE UPMOST IMPORTANT FOR THE SUCCESS OF THE ATHLETE AND OF THE TEAM. AS A REMINDER, ATHLETES ARE REQUIRED TO NOTIFY COACHES IMMEDIATELY. THE FOLLOWING ARE THE ONLY FORMS OF EXCUSED ABSENCES:

★ CONTAGIOUS ILLNESS

- YOU MUST ATTEND PRACTICE EVEN WHEN YOU FEEL SICK. UNLESS YOU ARE SICK WITH A FEVER HIGHER THAN 100.4, VOMITING, DIARRHEA, OR ANY OTHER CONTAGIOUS ILLNESS, OR IF YOU HAVE A DOCTOR'S NOTE WITH DETAILED INFORMATION REGARDING THE ILLNESS, TREATMENT, AND LENGTH OF RECOVERY.

★ SCHOOL FUNCTION THAT WOULD AFFECT GRADES

★ FAMILY EMERGENCY/DEATH IN THE FAMILY/CLOSE FAMILY MEMBER WEDDING

EXAMPLES OF AN UNEXECUSED ABSENCE:

★ TOO MUCH HOMEWORK, NO RIDE, ETC.

LATE POLICY

★ ATHLETES SHOULD BE READY TO PARTICIPATE AT THE START OF THEIR PRACTICE TIME

★ WE UNDERSTAND THAT LIFE HAPPENS, BUT IF YOUR ATHLETE IS RUNNING LATE, THEY NEED TO BE 100% READY FOR PRACTICE WHEN THEY RUN INTO THE GYM (SHOES ON, BOW SCRUNCHY IN HAIR, HAIR UP, PROPER PRACTICE ATTIRE, ETC.)

ATTENDANCE POLICY CONSEQUENCES

1ST UNEXCUSED: PHONE CALL TO PARENTS

2ND UNEXCUSED: PHONE CALL FROM FRONT OFFICE

3RD UNEXCUSED: ATHLETE & PARENT MEETING WITH HEAD COACH & OWNER

4TH UNEXCUSED: REMOVAL FROM COMP TEAM & PLACED AS ALTERNATE



PRACTICE DRESS CODE

WHEN TRAINING, COMPETING, OR REPRESENTING REBELS ELITE SF, ALL ATHLETES MUST:

- ★ **MAINTAIN A WELL-GROOMED APPEARANCE AND GOOD PERSONAL HYGIENE**
- ★ **WEAR THE DESIGNATED ATTIRE INCLUDING FOOTWEAR, HAIRSTYLE, AND MAKEUP**
- ★ **KEEP HAIR OUT OF THE FACE AT ALL TIMES (IF POSSIBLE, IN A HIGH PONY TAIL WITH A HAIR BAND AND BOW/SCRUNCHY, OR WHICHEVER THE TEAM PRACTICE DRESS CODE NOTES)**
- ★ **KEEP NAILS SHORTER THAN FINGERTIPS. AN ATHLETE WILL BE ASKED TO SIT OUT OF PRACTICE IF NAILS ARE DEEMED UNSAFE. IF AN ATHLETE HAS A FUNCTION TO ATTEND "REQUIRES" LONGER NAILS, PLEASE SCHEDULE NAIL APPOINTMENTS FOR AFTER PRACTICE OR COMPETITION TIMES**
- ★ **REMOVE ALL JEWELRY/BRACELETS (EXCEPT APPROVED MEDICAL TAGS)**
- ★ **TATTOOS SHOULD BE COVERED**
- ★ **ATHLETES MAY NOT HAVE INAPPROPRIATELY DYED OR CUT HAIR (UNLESS SPOKEN TO WITH A COACH)**
- ★ **WEAR APPROPRIATE FOOTWEAR (NO SANDALS, FLIP FLOPS, CROCS, UGGS, OR ANY OTHER TYPE OF OPEN TOE/HEEL SHOES ALLOWED) ON THE PRACTICE FLOOR**
- ★ **IMMEDIATELY REPURCHASE ANY LOST OR NOTICEABLY DAMAGED ARTICLES AND WEAR A MATCHING SUBSTITUTE UNTIL THOSE ITEMS ARE REPLACED**



COMPETITION DRESS CODE

ALL ATHLETES MUST:

- ★ **BE DRESSED IN THE DESIGNATED OUTFIT BY THEIR TEAMS SCHEDULES MEETING TIME UNLESS OTHERWISE INSTRUCTED BY THEIR COACHES**
- ★ **HAVE HAIR AND MAKEUP COMPLETED AS PER THEIR COACH'S REQUEST BY THEIR TEAM'S SCHEDULED MEETING TIME**
- ★ **WEAR A COVER UP AT ALL TIMES UNLESS HEADING TO/FROM TEAM'S WARM UP/PERFORMANCE OR AWARDS**
- ★ **REMOVE ALL JEWELRY (EXCEPT APPROVED MEDICAL TAGS) AND COLORED NAIL POLISH UNLESS OTHERWISE INSTRUCTED BY THEIR COACHES**
- ★ **REMOVE AND PUT AWAY ALL NON-UNIFORM ITEMS SUCH AS SUNGLASSES, CELL PHONES, AND HEADPHONES UNLESS OTHERWISE INSTRUCTED BY THEIR COACHES**
- ★ **SUPPLY OWN AND APPLY ANY ATHLETIC TAPE AND/OR SUPPORT BRACES TO PERFORM PRIOR TO GOING TO THEIR TEAM'S WARM UP**
- ★ **BE IN FULL COMPETITION UNIFORM AND MAY NOT WEAR BACKPACKS, WARM UPS, OR ANY OTHER ITEMS DURING ANY AWARD CEREMONIES**



SPORTSMANSHIP & SOCIAL MEDIA CONDUCT

ALL ATHLETES AND FAMILY MEMBERS MUST ALWAYS:

- ★ **SET AND BE A POSITIVE EXAMPLE FOR OTHER TO FOLLOW**
BE RESPECTFUL AND COURTEOUS TO EVERYONE
- ★ **SCHEDULE AN APPOINTMENT TO SPEAK WITH A COACH OR**
STAFF MEMBER TO DISCUSS ANY ISSUES THAT MAY ARISE
- ★ **REFRAIN FROM GOSSIPING OR ANY OTHER FORM OF VERBAL**
OR PHYSICAL CONFRONTATION
- ★ **REFRAIN FROM CELEBRATING THE MISFORTUNE OR DEFEAT OF**
ANY OTHER PERSON, TEAM, OR PROGRAM
- ★ **ACCEPT TEAM PLACEMENTS AND AWARDS WITH DIGNITY AND**
CLASS
- ★ **REFRAIN FROM POSTING, REPOSTING, OR SHARING ANYTHING**
THAT IS NEGATIVE. INCLUDES FOUL OR DEFAMATORY
LANGUAGE, IN INAPPROPRIATE FOR YOUNG AUDIENCES, OR
HAS ANYTHING TO DO WITH TOBACCO, SMOKING, VAPING,
JUULING, DRINKING ALCOHOL, OR PRESCRIPTION OR ILLEGAL
DRUGS
- ★ **BE CAUTIOUS OF WHAT BEHAVIOR AND/OR LANGUAGE MAY BE**
GOING ON DIRECTLY OR INDIRECTLY (IN THE BACKGROUND)
WHILE BEING PHOTOGRAPHED/FILMED



HEALTH & INJURIES

ALL ATHLETES MUST:

- ★ **PROVIDE REBELS ELITE SF WITH CURRENT HEALTH/MEDICAL INSURANCE AND EMERGENCY CONTACT INFORMATION**
- ★ **INFORM REBELS ELITE SF OF ALL MEDICAL CONDITIONS THAT MAY LIMIT OR PREVENT THEIR ABILITY TO PARTICIPATE IN ANY REBELS ELITE SF ACTIVITIES**
- ★ **NOTIFY REBELS ELITES SF OF ANY INJURIES SUSTAINED AS A RESULT OF THEIR PARTICIPATION IN ANY SANCTIONED REBELS ELITE SF ACTIVITIES**
- ★ **PROVIDE VALID WRITTEN DOCUMENTATION FROM A DOCTOR EXPLAINING THE REASON(S) AND THE DURATION FOR WHICH THEY MAY BE LIMITED OR UNABLE TO PARTICIPATE IN ANY REBELS ELITE SF ACTIVITIES**
- ★ **PROVIDE REBELS ELITE SF WITH A LIST OF ANY MEDICATIONS THEY ARE CURRENTLY TAKING**
- ★ **REFRAIN FOROM THE ILLEGAL USE OF DRUGS, ALCOHOL, TOBACCO, OR ANY OTHER SUBSTANCES**

IT IS THE RESPONSIBILITY OF THE ATHLETE'S FAMILY TO UPDATE THEIR ATHLETE'S GOMOTION ACCOUNT WITH ANY NEW HEALTH RELATED CONCERNS.



TRAVEL/COMPETITIONS

THE FINAL SCHEDULE FOR EACH COMPETITION IS MADE AVAILABLE TO US THE WEEK OF COMPETITION. WE WILL PROVIDE AN ITINERARY AS SOON AS WE RECEIVE THE FINAL SCHEDULE FROM THE EVENT PRODUCER.

ATHLETES SHOULD EXPECT AN ALL-STAR COMPETITION TO BE AN ALL-DAY COMMITMENT, WHICH CAN SOMETIMES LAST UNTIL LATE IN THE EVENING. WE EXPECT OUR ATHLETES TO SUPPORT ALL REBELS ELITE SF TEAMS AT EVERY COMPETITION UNTIL DISMISSED. ANY REASON THAT AN ATHLETE NEEDS TO LEAVE EARLY REQUIRES APPROVAL PRIOR TO COMPETITION DAY.

WHEN OUR TEAMS TRAVEL TO COMPETITIONS, THEY ARE TYPICALLY TWO-DAY EVENTS WHICH TAKE PLACE ON SATURDAY AND SUNDAY. ATHLETES MAY BE REQUIRED TO ARRIVE FRIDAY (THURSDAY FOR JAMZ NATIONALS) EVENINGS BY 5:00PM AT VARIOUS EVENTS. WHEN AND IF NEEDED, TEAMS PRACTICE ON FRIDAY (OR THURSDAY FOR JAMZ NATIONALS) EVENING AND SOMETIMES, TIME PERMITTING, HAVE TEAM BONDING ACTIVITIES FOLLOWING PRACTICE. PLEASE BE AWARE THAT AWARD CEREMONIES CAN RUN QUITE LATE ON SUNDAY EVENING.

ALL ATHLETES AND FAMILY MEMBERS MUST:

- ★ **READ ALL EMAILS AND GROUP CHATS CONCERNING COMPETITION DATES, VENUES, AND ITINERARIES (INFORMATION IS RELEASED AS IT IS MADE AVAILABLE TO US)**
- ★ **HAVE ALL TRAVEL ARRANGEMENTS BOOKED BY THE TRAVELL BLOCK BLACKOUT DATES**
- ★ **ARRIVE TO COMPETITION BY THE DESIGNATED TIMES AND CHECK-IN WITH THE COACHES/STAFF/GYM OWNER**
- ★ **NOT USE COMPETITIONS AS FAMILY VACATIONS. ADHERE TO THE DESIGNATED SCHEDULES AND ABIDE BY THE RULES SET BY REBELS ELITE SF**



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2024
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**FULL YEAR &
HALF YEAR**

**TINY NOVICE &
SENIOR PREP 2.1**

389 OYSTER POINT BLVD, SUITE 8F, SOUTH SAN FRANCISCO, CA 94080



FULL YEAR TINY NOVICE

Our tiny novice team sets the stage for the emerging & upcoming competitive athlete. This team, while competitive, will focus on the basics of cheer. There will be a mix of motions, tumbling, and dance.

The Rebels Elite SF novice team will have the opportunity to put together a routine, showcase their performance, and get a taste of what being a competitive cheerleader is.

This team will begin in June 2023 and will run through April 2024. This team will be competing at 3-4 local competitions.

Weekday practices will be held on Mondays from 4:00PM to 5:00PM.

We will also be ending our season with the 4th session of FUNDamentals and doing a combines showcase!

FINANCIAL BREAKDOWN

NEW ATHLETE: \$2412

\$1452	HALF YEAR TUITION (\$132 MONTHLY)
\$150	REGISTRATION
\$100	MCC
\$305	COMPETITION FEES
\$145	COACHES FEE
\$140	UNIFORM
\$120	ATHLETE PACK

Registration (\$150) will cover Rebels Elite SF membership fees and insurance and is due on May 22 - May 25, 2023.

Monthly tuition (\$132) will include one (1) hour of practice each week.

The remaining fees will be split into four (4) monthly installments. These installments will be due on the 15th of each month (June - Sept).

NEW ATHLETES: \$240 monthly installment



HALF YEAR TINY NOVICE

Our half year tiny novice team will be a stepping stone from FUNdamentals to get athletes ready for our Prep program! This team will not start until January 30th, 2024 and will run through April 2024.

This team will be competing at 3-4 local competitions.

We encourage any interested athlete ages 4-7 to start with FUNdamentals session 1, 2, or 3 to get acclimated with the basics.

Weekday practices will be held on Mondays from 4:00PM to 5:00PM.

We will also be ending our season with the 4th session of FUNdamentals and doing a combines showcase!

FINANCIAL BREAKDOWN

NEW ATHLETE: \$1356

\$396	HALF YEAR TUITION (\$132 MONTHLY)
\$150	REGISTRATION
\$100	MCC
\$305	COMPETITION FEES
\$145	COACHES FEE
\$140	UNIFORM
\$120	ATHLETE PACK

Registration (\$270) will cover Rebels Elite SF membership fees, insurance and the athlete pack and is due on January 30, 2024.

Monthly tuition (\$132) will include one (1) hour of practice each week.

The remaining fees will be split into three (3) monthly installments. These installments will be due on the 15th of each month (Feb - April).

NEW ATHLETES: \$230 monthly installment



NOVICE FINANCIAL BREAKDOWN

REGISTRATION

THIS WILL COVER REBELS ELITE SF MEMBERSHIP FEES AND GYM INSURANCE.

UNIFORM

THIS WILL COVER THEIR UNIFORM TOP AND SKIRT.

ATHLETE PACK

THIS WILL COVER THEIR T-SHIRTS (2), BOW, SCRUNCHY

MCC

THIS WILL COVER MUSIC, IN-HOUSE CAMP AND CHOREOGRAPHY

COMPETITION FEES

THIS WILL COVER YOUR ATHLETE'S REGISTRATION FEES FOR EACH COMPETITION.

COACHES FEES

THIS WILL COVER ALL TRAVEL FEES, HOTELS, AND COMP DAY PAY FOR COACHES FROM AUGUST THROUGH APRIL.

OPTIONAL ITEMS NOT INCLUDED IN FEES

\$75 REBELS JACKET

\$60 JERSEY



HALF YEAR SENIOR PREP 2.1

Our half year Senior Prep 2.1 team is for athletes ages 12-19 and between 7th - 12th grade (birth date between 6/1/04 - 2012) who want to jump into the all star world! This team is level 2 stunting with level 1 tumbling. However, these levels can always adjust depending on how the team progresses during our fall training! This team will be attending 3-5 local competitions. We encourage athletes of all skill levels to come out and join this semi-competitive all star team!

Weekend practices will be held on Mondays from 6:30PM to 8:30PM.

FINANCIAL BREAKDOWN

NEW ATHLETE: \$2120

\$750	HALF YEAR TUITION (\$150 MONTHLY)
\$150	REGISTRATION
\$100	MUSIC
\$150	CHOREOGRAPHY
\$120	ATHLETE PACK
\$350	UNIFORM
\$500	COMPETITION/COACH FEES

Registration (\$150) will cover Rebels Elite SF membership fees and insurance is due at sign ups.

Monthly tuition (\$150) will include two (2) hours of practice every Monday and 2 additional practices a month. This also covers the cost of weekly tumbling on Fridays at 5:30PM.

**The remaining fees will be split into five (5) monthly installments. These installments will be due on the 15th of each month (November - March).
NEW ATHLETES: \$244 monthly installment
(1st payment on 11/15)**



SENIOR PREP FINANCIAL BREAKDOWN

REGISTRATION

THIS WILL COVER REBELS ELITE SF MEMBERSHIP FEES AND GYM INSURANCE.

UNIFORM

THIS WILL COVER THEIR UNIFORM TOP AND SKIRT.

ATHLETE PACK

THIS WILL COVER THEIR T-SHIRTS (2), BOW, AND SCRUNCHY.

MUSIC & CHOREOGRAPHY

THIS WILL COVER MUSIC AND IN-HOUSE CHOREOGRAPHY

COMPETITION FEES

THIS WILL COVER YOUR ATHLETE'S REGISTRATION FEES FOR EACH COMPETITION.

COACHES FEES

THIS WILL COVER ALL FEES AND COMP DAY PAY FOR COACHES FROM NOVEMBER THROUGH APRIL.

OPTIONAL ITEMS NOT INCLUDED IN FEES

\$80 REBELS JACKET

\$60 JERSEY

\$110 NFINITY PRACTICE WEAR



#RWAI4TB

#RE4L